

## HEAD INJURY SHEET

Dear Parent/Guardian:

Today, \_\_\_\_\_ received an injury to the head. Your child was seen in the school office, and had no problems at that time, but you should watch for any of the following symptoms:

1. Severe headache
2. Excessive drowsiness (awake the child at least twice during the night)
3. Nausea and/or vomiting
4. Double vision, blurred vision, or pupils of different sizes
5. Loss of muscle coordination such as falling down, walking strangely, or staggering
6. Any unusual behavior such as being confused, breathing irregularly, or being dizzy.
7. Convulsion
8. Bleeding or discharge from an ear

**CONTACT YOUR LOCAL DOCTOR OR EMERGENCY ROOM IF YOU NOTICE ANY OF THE ABOVE SYMPTOMS.**

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School Secretary/ Nurse/ Other Personnel

### WARQADA DHAAWACA MADAX

Gacaliye Waalid/Mas'uul:

Maanta, \_\_\_\_\_ waxaa dhaawac ka soo gaaray madaxa. Canugaaga waxaa lagu qaabilay xafiiska dugsiga, wax dhib ah kama muuqan xiligaas, laakiin waa in aad la socotaa calaamadaha soo socda:

1. madax xanuun ba'an
2. lulmaansho saaid ah ( hadii ugu yaraan canugu uu soo tooso laba jeer habeenkii)
3. lalabo iyo ama matag
4. laba aragti, aragti xumo, muuqaalka buda isha oo isbadasha
5. isla jaan qaadka jirka sida dhacdhacid, socod nooc kale, ama gagabid
6. wixii xaalad oo aan caadi ahayn sida jaha wareer,neefta aan si fiican u shaqeyn, ama wareer.
7. qalal
8. dhiig bax ama dhaqta oo laga soo baxo

**LA XIRIIR DHAQTARKA DEGMADAADA AMA AMARJENSIGA HADII AAD CALAAMADAHAN KOR KU XUSAN AAD ARAGTID.**

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Xog hayaha dugsiga