

Incoming 3rd - 6th
Grade Students

FAST FUNDAMENTALS CAMP

This camp is designed to teach
fundamental movement skills
necessary to improve speed and agility

COST = FREE

Facilitators - High School Strength
& Conditioning Staff

Location: High School West Gym -
Enter through Door #1

MONDAY'S IN JULY
JULY 1ST, 8TH, 15TH, 22ND

3rd & 4th Grade: 10:00-10:45am
5th & 6th Grade: 11:00-11:45am

Register Here

