



Press Release  
For Immediate Release  
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## **Lexington High School Earns National Recognition as a NHSSCA Program of Excellence**

Leesburg, VA – The National High School Strength Coaches Association (NHSSCA) is proud to announce that Lexington High School has earned the distinction Program of Excellence for the 2024-2027 period. This honor recognizes that this High School Strength & Conditioning program operates at a highest level of professionalism. To earn this honor, Lexington HS has displayed excellence in safety, quality, efficacy, outreach & highlighting. They have additionally displayed excellence in continuing education & technology usage in their Strength & Conditioning program.

We are honored to recognize Lexington High School as a Program of Excellence and look forward to the impact their Strength & Conditioning program can make on the lives of their student athletes. A full list of schools that have received Program of Excellence recognition can be found at [www.nhssca.us](http://www.nhssca.us)

Media Notes: for more additional information about the NHSSCA Program of Excellence visit [www.nhssca.us](http://www.nhssca.us). To make arrangements for interviews contact (School Name).  
About the NHSSCA

In 2016 the NHSSCA was created by High School Coaches for High School Coaches. The vision of the NHSSCA is for every high school student athlete to comprehensively develop their character, their mind, and their body through coaching excellence. We believe we can do this by developing coaches who are trustworthy, knowledgeable, effective, passionate, and transformational. Our mission is to Educate, Equip, & Empower coaches to make a positive impact in the lives of student athletes.