

LEXINGTON PUBLIC SCHOOLS SELF-MONITORING PROTOCOL UPON POSSIBLE COVID-19 EXPOSURE

The intent of this document is to answer the question, "What should a student or staff member do if exposed to someone who possibly has COVID-19?"

If you have been within 6 feet of a person for more than 15 minutes who has or develops within 48 hours of contact with you:

1. One or more of the following symptoms:

- sudden onset of shortness of breath
- sudden loss of taste or smell

OR

2. Two or more of the following symptoms:

- cough
- a fever of 100.0 or above
- chills
- muscle aches
- headache
- sore throat
- nausea or vomiting
- diarrhea

3. Or who has tested positive for COVID-19.

Then you will:
Wear a mask and self-monitor for symptoms in #1 and #2 for 10 days from the last day of exposure.

If symptoms develop or if you test positive, follow the District's COVID-19 EXCLUSION AND RE-ADMITTANCE GUIDANCE.

Reviewed: January 15, 2024