



June and July
Running Club
MS and HS

Monday - Friday
Coaches Jilka and
Monrroy

6 a.m.
High School Parking Lot



Shoes: Be on the lookout for a great pair of "running" shoes. Tradehome Shoes in Kearney will help fit you and have a great selection. Ask a coach if you need help!

July Running Club
MS only

Every Tuesday and Thursday
Coaches Naylor and
Obermeyer

8 a.m.
High School Parking Lot

**XC 1 Mile
and 5K Dog
Run in
August**

Watch for more info this summer!