



**FOR IMMEDIATE RELEASE**

October 29, 2020  
7:32 PM

**CONTACT PERSON**

Jeremy Eschliman  
Health Director,  
888-669-7154

## **Two Rivers Announces Risk Dial Increase to Red “Pandemic” Level**

KEARNEY –Two Rivers Public Health will be updating the weekly risk dial on Thursday, October 29, but is releasing information today prior to the official release of the weekly report. The level of risk has now elevated to the red “pandemic” stage on the dial. Many factors go into determining the level of risk each week, all of which will be released with the normal weekly report on Thursday.

Two Rivers would like to commend the area schools for their vigilance in keeping students safe during this time, and will not be recommending closure for any area schools. Both Two Rivers and the school districts will continue to work hand-in-hand to ensure the continued safety of area students.

The following actions should be taken during the red level of risk:

- Stay at home unless essential personnel traveling for work, or general public acquiring medical care or food
- Distance at least 6 feet from anyone outside the home
- Work from home
- Face coverings when outside of the home and near others
- Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating
- Use hand sanitizer when handwashing is inaccessible or infeasible
- If ill with Flu-like or COVID-like symptoms, Stay at Home even for essential personnel
- Minimize contact with symptomatic people
- Daily temperature checks at work
- Avoid bare hand contact with any high touch surface
- Use barrier such as paper towel or clothing when bare hand contact is unavoidable
- Wash hands or apply sanitizer after touching high contact surfaces
- Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)

### **ABOUT TWO RIVERS PUBLIC HEALTH DEPARTMENT**

Two Rivers Public Health Department engages collaborative partners, community leaders and the public to promote healthy lifestyles, provide preventative education, assure environmental quality, and create more healthy and safe communities for all who live within the district. Follow TRPHD on Facebook and Twitter @2RPHD.